

## Nursery Homework

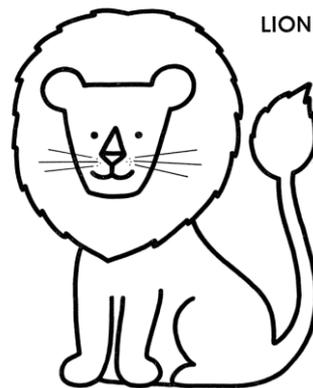
### Activities to improve fine motor skills and concentration

#### Fine motor activities

- Threading beads or large, uncooked macaroni pasta onto a string.



- Colouring small sized pictures (a5 size) with little detail, see example below. Ensure correct pencil grip.



- Pick up small objects with clothes pegs.



- Practice name writing over dots and on the laminated page (white board marker needed for the laminated page)
- Play with play dough or help knead dough during baking.

Each activity should be presented in a fun manner and the child should receive lots of praise for every little positive thing they do related to the activity! At the beginning the activities should be approximately 4 minutes long but encourage **proper** concentration during this time. The child should be looking at the activity attentively, not looking around the room, if they are talking it should be about the activity, not some unrelated topic. As their concentration and their fine motor skills improve you can slowly increase the length of the activity.

Suggestions for praise/to encourage the child to participate in the sessions.

-‘This is a special time for ‘Childs name’ and mummy/daddy to spend time together. We can do this because you are such a big boy/girl now.’

-‘I would love to spend some special time with you ‘Childs name’. I’m going to colour a picture for you, will you colour one for me?’ Mum/Dad should colour the same picture the child has in order to demonstrate how to correctly hold the pencil, where to colour, in what manner to colour (inside the lines without scribbling)

When he/she has had a few weeks practice and is better able to complete the task...

-‘*Childs name*, I have a surprise for you! We’re going to play a fun game, let’s have a race and see who can make their pasta necklace the fastest.’

-‘Let’s have an art competition! I’m going to colour my picture, Daddy will colour his picture and you will colour a picture too. Whoever does the best colouring will win the prize.’ (Keep prizes small; a sticker, a stamp or a small medal {Day to Day on the Budaiya highway has 5 plastic medals for 700fls, the children love them!})

-If you are facetimeing/skyping family overseas you can encourage them to ask ‘*Childs name*’ to draw a picture for them and show them at the next skype, or ask them to show them some lovely art work that they’ve already done in order to keep it a positive experience.

**Ms Bradley & Ms Harding**  
**Class Teachers**